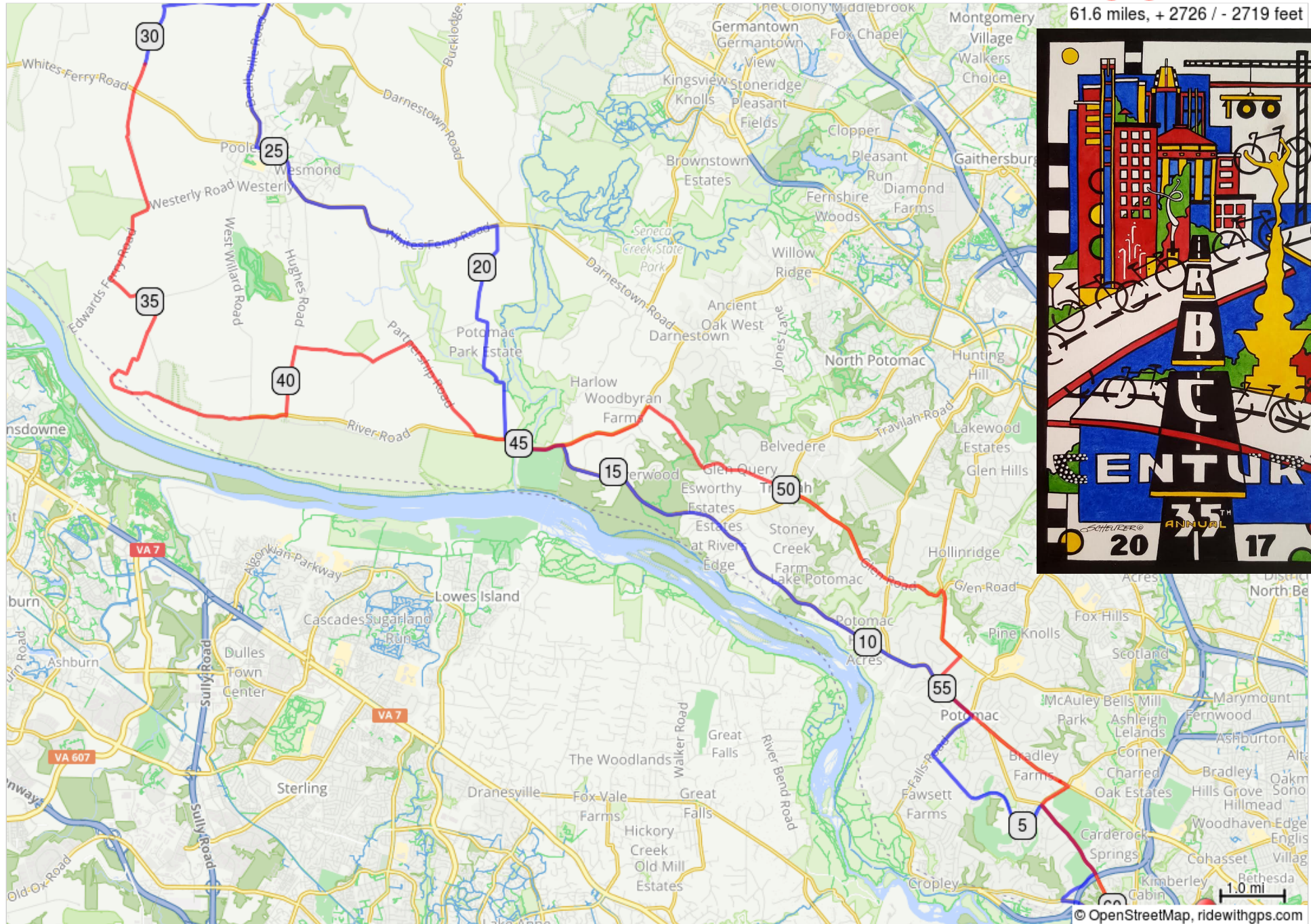


TR #7- Glen Echo/Sugarland Express



61.6 miles, + 2726 / - 2719 feet



TR #7- Glen Echo/Sugarland Express

0.0	Start of route
0.0	Head northeast on Princeton Ave toward University Ave
0.1	2nd L onto MacArthur Blvd
2.5	2nd R onto Eggert Dr
3.2	1st L onto Persimmon Tree Rd
4.5	L at Oaklyn Dr
7.1	R at Falls Rd/Great Falls Rd
8.0	L at River Rd
16.1	L to stay on River Rd
17.0	R at Montevideo Rd
18.1	Slight L to stay on Montevideo Rd
20.8	L at Whites Ferry Rd

20.8 miles. +1112/-914 feet

24.9	CVS is rest stop on R
25.3	R at Elgin Rd
25.7	Slight L at Beallsville Rd/MD-109 N
27.7	2nd L onto Darnestown Rd/MD-28 W
27.8	Slight L at W Hunter Rd
29.4	L at Wasche Rd
34.1	L at W Offutt Rd
39.5	L at Hughes Rd
40.6	1st R onto Sugarland Rd
41.8	L to stay on Sugarland Rd
42.5	1st R onto Partnership Rd
44.3	L at River Rd
47.2	Slight R at Esworthy Rd
47.3	R to stay on Esworthy Rd

26.5 miles. +881/-884 feet

48.6	L at Query Mill Rd
53.1	2nd R to stay on Glen Rd
54.3	3rd R onto Norton Rd
54.8	L at River Rd
57.3	Slight R to stay on River Rd
57.5	R onto Bradley Blvd
58.0	L onto Persimmon Tree Rd
60.0	L onto MacArthur Blvd
61.6	R onto Princeton Ave
61.6	End of route

14.3 miles. +524/-614 feet