

the **Wheel**

February 2023

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Letter from the Chair



Hello RBC Members!

One of the most popular benefits of RBC membership is access to the Club's loaner bike travel cases. With the return of travel last year, our membership increased usage of travel cases some 350 percent over 2021. To meet this demand, the Board established a bike case recapitalization program - our plan is to purchase at least one new case each year in order to retire the unserviceable models and meet future demand. If you are interested in borrowing a case, click the link at the bottom of the newsletter to visit the reservation form.

And if you do end up borrowing a case this year, please post a photo on our Facebook page - the more exotic the locale, the better!

On other matters, I want to thank the many members who responded to the survey last month about an overpass on the WO&D trail at Sterling Blvd. We had an overwhelming response including many insightful comments about the dangers of this crossing. We are using your responses to prepare a letter to the US Department of Transportation endorsing Loudoun County's funding application.

Board Vacancy:

RBC is seeking an at-large member to complete a term until November of 2023. Duties include attending the monthly board and assisting with the overall functioning of the Club. [Send me an email](#) if you are interested and want additional information.

RBC Club Strava Group:

We've created a new [RBC Strava Club](#) that all members are welcome and encouraged to join. When you request to join and your Strava handle does not match your RBC membership information (e.g. VA Rider Chick = Jen Smith), [send me an email](#) with your name and Strava handle so that I can match it to the Strava request. Regrettably, Strava seems to be going the way of other social media platforms with an increasing collection of bots, spam, and otherwise suspect accounts. I want to keep this page as clean as possible to protect the privacy and integrity of member's activities.

I hope everyone's winter training plans are progressing well. If you didn't see it over the weekend, the women's and men's elite UCI 'Cross Worlds featured some amazing racing. Put them on the screen for some motivation during your next Alpe du Zwift session!

Cheers,

Chris

[Link to 2023 Liability Waiver](#)

If you plan to ride with RBC this year at any time (including the Century), you will need to sign the 2023 Liability Waiver.

40th Reston Century - SAVE THE DATE

Mark your calendars! August 20, 2023 is the 40th edition of the Reston Century - one of the longest running century events in the country.

Century Committee lead and Board Member Jake Welch and his team are hard at work to make this event as epic as can be. To accomplish this, we will need all the volunteers we can get. If you don't plan to ride this year, please consider signing up to help in some way.

Wheel of Trivia!

Just some fun, cycling-related fact-sharing among friends.

February Trivia Question:

A standard Olympic triathlon (my personal favorite distance) involves how many cycling miles?

January Trivia Answer:

Women's road cycling was first featured in the Olympics in what year? *1984!*
Won by American [Connie Carpenter\(-Phinney\)](#).

Welcome New Members!

Gus A
Gregory B
Melissa B
Kevin F
Will H
Daniel K
Tung L
James L

Philip P
Yosue R
Jim R
Shane S
Robert W
Karla W
Ryan W

RBC Club Store - Stickers and Magnets

Show off your RBC pride by purchasing a sticker and/or magnet. Add to your beer fridge magnet collection. Adorn your car-mounted bike rack with a sticker. There are so many uses for RBC stickers and magnets that we just can't list them all!

Click [here](#) to visit the RBC Store.

- Stickers are \$2 each
- Magnets are \$3 each
- Order together and save!

Free delivery within 10 miles of Reston.

Events Calendar

We are into the winter riding season, so weekly rides are less regular. Be sure to check the schedule each week as new rides may be added depending on riding conditions.

If you don't see a ride you'd like to do, reach out to us and we'll support you in setting it up!

Click the "Events Calendar" link above or download the Wild Apricot For Members app (links below) for updated events listings.



Local Events

We are happy to share local cycling events in the DMV and surrounding area with our members. Send an [email](#) if you'd like to see your event listed here.

- April 29 - [Tri-County Classic](#), Easton, MD
- May 6 - [MD Coast Bike Fest](#)
- May 7 - [Ride to End ALZ](#), Leesburg, VA
- May 12 & 13 - [Virginia Capital Trail Cap2Cap](#)
- May 13 - [The Right Stuff USE Gravel Grinder National Championship and The Mini G](#), Loudoun County, VA
- May 20 - [35th Annual Tour de Madison](#), Madison, VA
- June 3 - [Triple Peak Gran Fondo](#), Winchester, VA
- June 3 - [Armed Forces Road Cycling Classic](#), Arlington, VA
- June 11 - [Loudoun 1725 Gravel Grinder](#), Middleburg, VA
- July 28 - [Bike to the Beach](#)
- August 20 - [40th Reston Century](#)
- September 9 - [Amish Country Ride](#)
- September 9 - [DC Bike Ride](#)

Also, check out [BikeReg's Mid-Atlantic listing of events](#) throughout the region.

Virginia Cycling Resources

Check out this link for [Cycling Virginia](#)! 2023 is the 5th year for this website with nearly 70,000 unique visitors to date. It is your one stop resource for information on cycling in the Commonwealth of Virginia.

Other Useful Links:

- [Virginia is for Lovers](#)
- [Bicycling in Virginia \(VDOT\)](#)
- [Virginia Bicycling Federation](#)
- [Fairfax Alliance for Better Bicycling](#)

Chain Links

- [RBC Board Members](#)
- [Check My Membership](#)
- [Ride with GPS](#)
- [Borrow a Travel Case](#)
- [Board Meeting Minutes](#)
- [Past Issue of *the Wheel*](#)
- [RBC Insurance Information](#)

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