



July 2020
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the Wheel

Riding Season Implementation

We're all eager to get back to riding as a club, but we're coming to the realization that we can't go back to some of the practices that had developed - regardless of COVID-19. We sent out a survey to members to discern how we are all feeling about returning. The Executive Board will discuss those results and make a decision about returning to riding at our virtual board meeting on August 5 at 7 PM. Meetings are always open to members. If you'd like to have some input on this or just listen in on the discussion, please register for the [meeting](#). The zoom link is provided in the confirmation email.

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New Routes in the Library

RBC-170A, 170B, and 170C are new routes in the RWGPS library designed for family rides and developed in conjunction with Public Art Reston. Search the wilds of Reston, north, south or combined, to discover public art for all. We have a new web [page](#) dedicated to these rides.

Your bike club also contributed to the art on the ride.

Pileated Woodpecker – Bicycle Racks

Group Skills Training Opportunity

Continuing with our group riding skills sessions, there are limited spaces and a waitlist for the morning session and an afternoon session to hone your bike handling and technical group riding skills with Hefler Performance Coaching (HPC) head coaches Sue Hefler and Pierre Pelletier.

[Saturday, Sept 12, 8-11 AM](#) (Members Only)

[Saturday, Sept 12, 12-3 PM](#) (Members Only)

Riding Season Survey Results

This July RBC Executive Committee created a survey to poll members on whether the time is right to start a riding season. The survey was sent to 934 active members and advertised on our Facebook pages and with a direct appeal to lapsed members. We received 201 (21.5%) responses with 79.2% ready to ride this summer.

Asking further, 76.6% are ready to ride now! How can RBC make that happen?

Below is the breakout of when members would like to ride, over half the responses were for the traditional 6 pm start time +/- 30 minutes. The board has already reached out to seek ride lead volunteers (see note sent on 7/20) in order to try to make this happen. **It will take more than the 16 volunteers and increased logistics, so we really need your help.** If you are itching to ride, please do your part to help enable safe, small rides this season. REPLY to day to this newsletter with an offer of help: ride leader or event coordinator to launch a ride.

RBC volunteers will continue to work with the ride leader volunteers to create groups of not more than 10 with staggered start times and locations.

Of our 201 responses, below are the results for the Century substitutes. Members

would like an event that could be ridden alone or with a small group of known riders; not a virtual event. Of the provided suggestions, the one with the most appeal is a competitive event where riders would be recognized for some athletic metric: miles, speed, elevation, or ability to follow a route. This can happen if there are a member or two who will work on this with the Executive Board. We know how to heavy lift but are looking for a group of idea people to lead a signature event.

The Summer Sock Extravaganza

Yes, we have been to storage and are cleaning out. The store has socks for \$5 for members and \$7 for all others. There are free or \$2 delivery options. Get them while supplies last and wear them proudly. Just hit the button below and shop!!! Sock mania will end and the store will close on Friday, August 8th.

[Get Socks Right Away Button](#)

July Executive Committee Meeting Highlights

- 2020 Riding Season discussion with input on the member survey and how to proceed with social distancing.
- RBC received request for advertising from Reston Sprint Tri

What Mobile App?

Go to your favorite app place, search and download the **Wild Apricot for Members** app. Log in with your same credentials as restonbikeclub.org. Quick and easy: browse events, click attend, see your tickets, and have an ice tea. If you want to be included in the Members section (directory), go onto the RBC website, edit your profile, choose "privacy" and click the box "Show profile to others" & your profile, or selected items, will be displayed for other club members. This might be a way to find a riding partner.

[Events Calendar](#)

[RBC Board Meeting](#), August 5, 7 PM via Zoom

[Saturday, Sept 12, 8-11 AM](#) (Members Only)

[Saturday, Sept 12, 12-3 PM](#) (Members Only)

Let's Ride!

So many August/September rides are postponed or canceled! Check Facebook or, if you have Fall rides for *the Wheel*, reply to this newsletter and they will be published!

[The 50 States Ride](#), September 5, Washington, DC

[Amish Country Bike Tour](#), September 12, Kent County, DE

[Shenandoah Valley Century](#), September 13, Bridgewater, VA

[Bikes & Beers](#)-October 24, Flying Dog Brewing, Frederick, MD

Virginia Cycling Resources

Check out this link for [Cycling Virginia](#)! 2020 will be the 2nd year of this website and it is pretty smooth.

[Virginia is for Lovers](#)

[Bicycling in Virginia \(VDOT\)](#)

[Virginia Bicycling Federation](#)

[Fairfax Alliance for Better Bicycling](#)

RBC Chain Links

[Board Members](#)

[Check My Membership](#)

[Ride with GPS](#)

[Borrow a Travel Case](#)

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