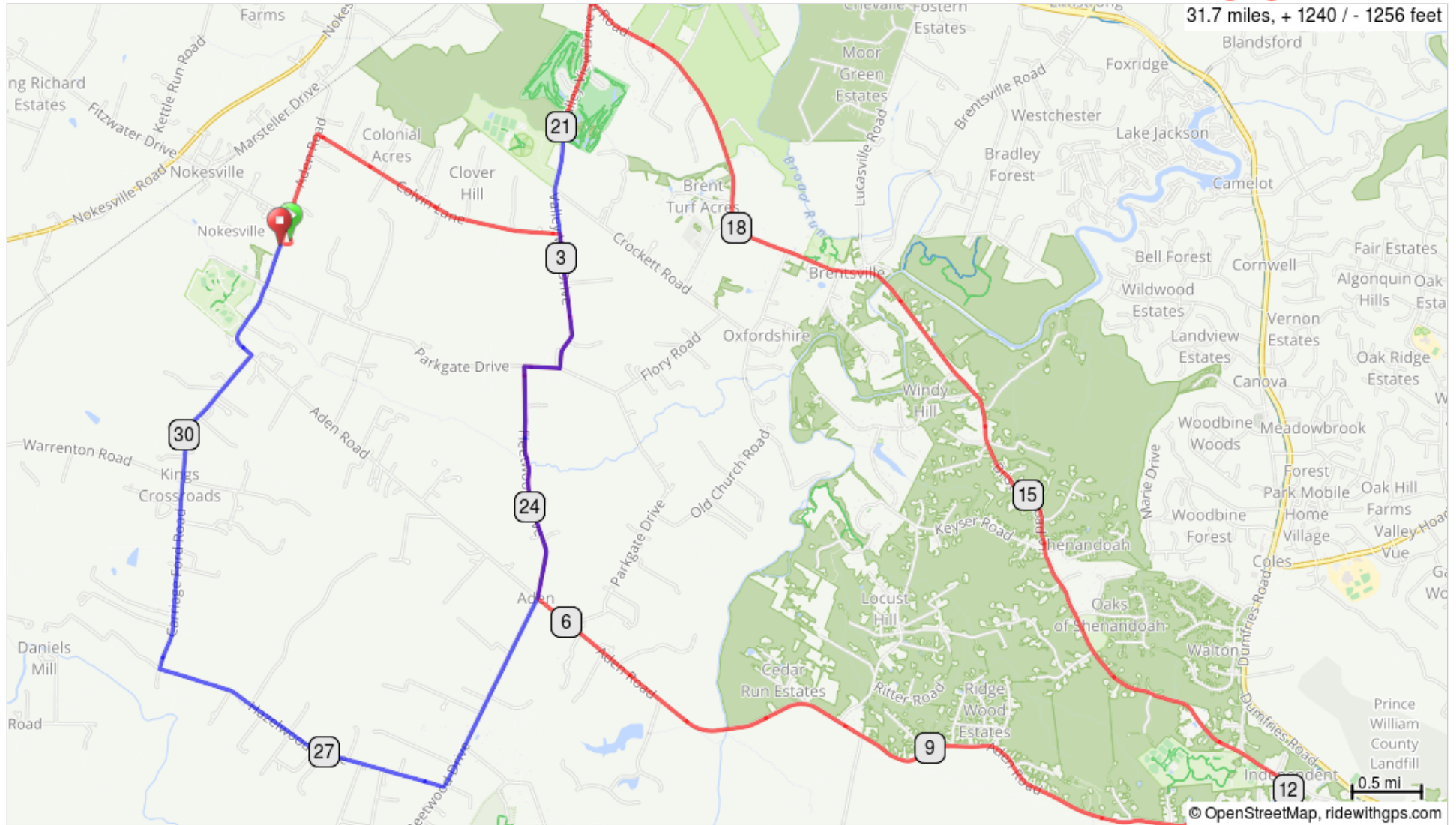


RBC-VA: Hill Haters 50K



31.7 miles, + 1240 / - 1256 feet



RBC-VA: Hill Haters 50K

0.0	Start of route
0.1	R onto Aden Rd
0.9	R onto Colvin Ln
2.8	R onto Valley View Dr
3.8	R onto Parkgate Dr
4.0	L onto Fleetwood Dr
5.7	L onto Aden Rd., State Rte 646
11.9	L onto Joplin Rd., VA-619 W
12.0	Keep R to enter intersection.
12.1	L onto Bristow Rd., VA-619 W
20.1	L onto Valley View Dr
22.7	R onto Parkgate Dr

22.7 miles. +904/-952 feet

23.0	L onto Fleetwood Dr
26.1	R onto Hazelwood Dr
28.3	R onto Carriage Ford Rd
30.8	L onto Aden Rd
30.9	Keep R around the bend to stay on Arden Rd.
31.6	R into parking Lot. End of Ride.
31.7	End of route

8.9 miles. +265/-226 feet